

10 Ways
to
Get More
Comfortable
With
Money



by Marguerite Bonneville

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As always, we recommend you engage the services of a certified NLP Practitioner or other personal development professional if you have major issues to address. We also advise that you consult a qualified financial advisor before embarking on any kind of wealth creation program.

Here are 10 simple daily activities you can do to reinforce the idea that large amounts of money are coming your way:



Write yourself a check

1. Carry money in your wallet.

Some time ago we heard a story about actor Jim Carrey in the early days of his career. Apparently Jim wrote a check to himself for a million dollars and kept it in his wallet. He used it as a reminder of what was coming to him when his career took off.

You can write yourself a check or begin carrying more cash in your wallet, either a \$100 bill or smaller notes making up the \$100. Some people recommend carrying \$1,000. Experiment with it and note the effect on you.



Play with cash

2. Keep \$1,000 in cash at home

Take it out daily and play with it. Feel it, count it. Photograph it.



Fill your noticeboard with the things you want

3. Place a picture of your \$1,000 or other images of money on your wall, notice board or treasure map.

Look at it daily

Type out the dollar amount you want to be earning by a certain date.

You don't need to know how this will come to you – just be very clear that you want it. Place it where you will see it every day.



Insert your image in place celebrities on movie posters or magazine pictures

4. Create visual aids to wealth

- ❑ Take one of your bank statements and add some zeros to the figures. Place this on your notice board or somewhere where you'll see it every day.
- ❑ You can create any type of document on your computer, including
 1. A newspaper story of your immense wealth and accomplishments
 2. An image of your head superimposed on the body of a celebrity skiing in the Swiss Alps.

Use your imagination to create something that will make your desires more real to you.



5. Write 'Thank You' on the bottom of your checks when you pay bills.

If you pay bills online, send a mental 'thank you' when you click on the button to send the payment.

Thank shop assistants when you pay them – and mean it. Appreciate what money can buy and don't resent its outflow. You need to get into the mindset of having more than enough.



Find worthy causes that need your help

6. Contribute 10% of your income to a charity NOW.

Don't tell yourself you'll do that when you're wealthy. Act as if you have more than enough already.

For more on how to do this, visit the [Tithing](#) page.



7. Take one action that demonstrates you're wealthy now.

- ❑ **Buy a great designer outfit** and pay for it in cash. When you're wearing it, you'll see what the future wealthy you looks like. Make a point of trying on clothes you'd love to own. Cut down on low-quality bargain shopping – it's better to own 1-2 quality outfits than a dozen cheaper ones.



- ❑ **Invite some of your Mastermind group to a Future Millionaires' Night Out.** Go to a fancy restaurant and order whatever you want. Feel what it's like to be able to do this without worrying about the prices. Pay in cash and consider it a learning expense. Spend the money joyfully.



- ❑ **Test drive that Porsche you have your eye on.** Get a brochure from the sales person and put it on your wall. Better still, take your digital camera along and get a photo of yourself in 'your' Porsche.



- ❑ **Visit the kind of house you'd love to live in** (choose one that's open for inspection). Again, take your digital camera along. If that's not feasible, ask for a brochure and place that somewhere prominent in your room.



- ❑ **Buy a bottle of your favorite designer perfume or cologne.** [Anchor](#) it to the state of being wealthy and then wear it whenever you want to feel that way. Don't dissipate its power by wearing it when you make a quick dash to the convenience store. Save it for significant occasions when you want to 'feel like a million dollars'.



You're never too young to eat breakfast at Palazzo Versace

8. Visit places where you can rub shoulders with wealthy people.

You can eat at many of the same restaurants and chic coffee shops, and attend the same events as the glitterati.

Often you don't need to spend a fortune to enjoy these places so use them to develop a sense of belonging and worthiness.



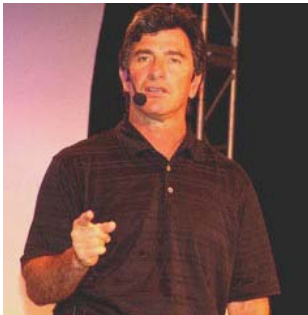
Plan your dream vacation to help it materialize faster

9. Whenever you see something you want, whether it's directly in front of you or a photograph, always say, "I'll have that" and smile.

For second or two, imagine what your life would be like if you did.

From today on, banish all poverty-reinforcing comments.

Never say, "I can't afford that" or "I'll never have something like that!" Begin catching yourself when you make those negative statements and replace them with "I'll have that!"



**Motivational Speaker
T. Harv Eker**

10. Find wealthy people you can admire.

Too many people have negative images of the rich, which is hardly an incentive to become one of them.

Find people who are kind, generous, charitable, happy and fulfilled. Listen to them speak at public events, read books and magazine articles about them, and meet them in person if you can. You'll find a lot of rich people live admirable lives and strive to make a positive impact on the world.

Don't let the images of jaded celebrities blind you to the power for good that being wealthy can convey.

Include All Your Senses

What works best in drawing money to you is engaging all of your senses:

- ❑ Look at **images** of what you want, both external and internal (visualisations).
- ❑ Make positive statements or **affirmations** (both internally and aloud) about what you want – in the present tense of course.
- ❑ Feel the **feelings** you'd experience if you were wealthy now, plus...
- ❑ Give yourself the full **sensory experiences** that occur only with action (see Step 8)
- ❑ **Smell** the dollar bills you used in Steps 1 and 2.
- ❑ Wear your 'wealthy' perfume or cologne.
- ❑ Drive down to the beach and smell the ocean. Close your eyes and imagine yourself at a seaside restaurant, sailing on your yacht, zipping along in your speedboat or lazing on the beaches of the French Riviera – whatever your fantasy. Include the mate of your dreams if you wish. Take a deep breath, sigh and say, "I'll have that!"
- ❑ **Taste** the exquisite foods you'll be able to indulge in when you're wealthy. Try a bottle of good champagne and caviar for your next celebration. Say, "I'll have that!" before you take a sip or bite.

Conclusion

It takes both time and energy to shift your mindset from always worrying about money to relaxing and trusting that you'll soon have more than enough.

If you take at least one step every day in that direction, the results will be cumulative. You'll be conditioning your mind to feel more comfortable with larger sums of money as well as the benefits that having more to spend will bring you.

For more tips on attracting wealth, visit the [Hidden Keys to Wealth](http://www.hidden-wealth-keys.com/) web site.